

PLAYER DEVELOPMENT PROGRAM



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Creating the Best Environment for Player Development

High-Quality Training: Improve both the quality and volume of training to maximize player growth.

Periodized Programming: Design training and competition around the developmental needs of each player.

Meaningful Competition: Provide competitive opportunities that challenge players and promote growth.

Coach Development: Raise the caliber of coaches while increasing access to, and frequency of, coach education opportunities.

Sport Science & Medicine Support: Integrate physical, mental, and medical support to enhance player performance and wellbeing.

Full-Year Programming: Offer a 12-month program to support continuous development.

Showcase Opportunities: Provide travel and tournament experiences to highlight player talent.

Development Camps: Host specialized camps to promote skill development and exposure.



What is the Canada Soccer Player Development Program?

National Standards-Based League Network

A network of standards-based leagues spanning the country, providing the **best possible developmental environment for young players**. These leagues align with the **Canada Soccer Player Development Program** across the four major provinces:

BCSPL (British Columbia)

APDL (Alberta)

OPDL (Ontario)

Premier Ligue (Quebec)

Age Categories:

Under-14 Girls and Boys

Under-15 Girls and Boys

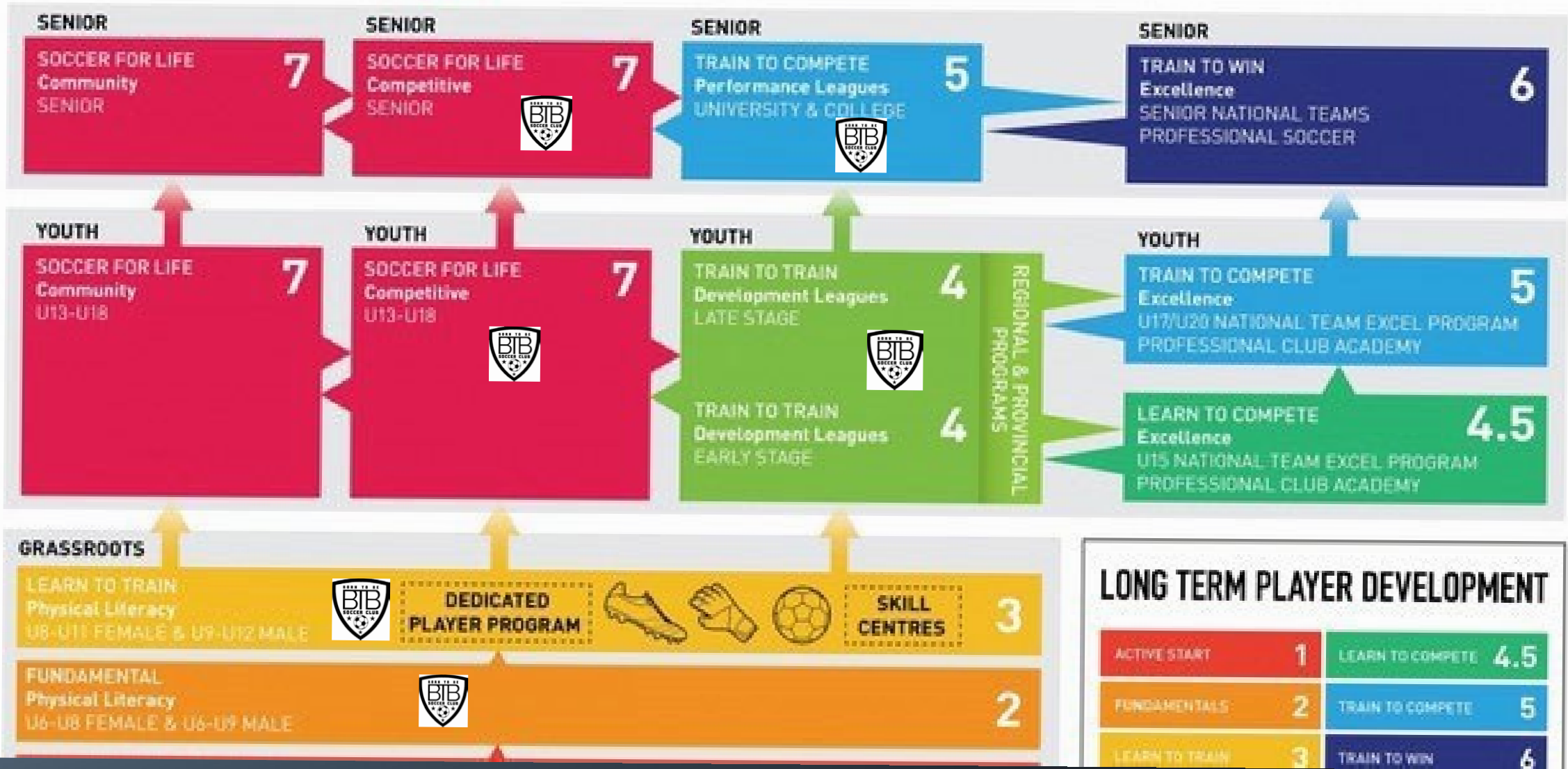
Under-16 Girls and Boys

Under-17 Girls and Boys





CANADA SOCCER PLAYER PATHWAY





GRASSROOTS
community soccer

SOCCER 4 LIFE PATHWAY
competitive/recreational soccer

TALENTED PATHWAY

LEAGUE1
CANADA

POTENTIAL
OPPORTUNITIES

National Teams



Professional Soccer



LEAGUE1
CANADA



University and College
Opportunities



Provincial Teams



ACTIVE FOR LIFE

U4-U12

U13

U14

U15

U16

U17

U18

SENIOR

www.btbsocket.com



COACHING STAFF

APDL Coaching Staff

Head Coach

National B & A Licence
National Youth Licence

Assistant Coach

National C & B Licence
National Youth Licence



APDL PROGRAM

- ☐ Age Category: U14, U15, U16, U17 Girls and Boys
- ☐ Training: three times weekly
- ☐ Training Days: TBD
- ☐ Training Time: TBD
- ☐ Training Location: northeast (outdoor)
- ☐ Training Location: Turf Training Centre (indoor)
- ☐ Season Length: 10-month Program (full year program)
 - ☐ **Outdoor Season** – September to October, April to August
 - ☐ **Indoor Season** - November to March
- ☐ League Play: Alberta Player Development League
- ☐ Strength & Conditioning (indoor)/ Sport Psychology (indoor)
- ☐ Training Wear: training shirt, short, socks (new players)
- ☐ Jerseys: will be provided to each player before the start of the season, jersey deposit must be provided.
- ☐ Tracksuit & Backpack: mandatory for all players in APDL.
- ☐ Payment options: \$1,695, OR \$500 deposit plus three equal monthly payments (per season)
- ☐ NO VOLUNTEER COMMITMENT





INDOOR
SEASON

Alberta Player Development League (APDL)

Season: November to March

Format: 9v9

Indoor Championship: 9v9 format in March

Provincial Qualification: Top 4 teams in the league advance to provincials



OUTDOOR SEASON

Alberta Player Development League (APDL) – Provincial League

Season: September–October & April–August

Format: 11 v 11

Matches: Home and away games

Additional Competitions: Cup games

Player Development Program National Championship

Age Categories: U15 & U17

Representation: 2 teams from each standard-based provincial league

Participating Leagues (Best of the Best in Canada):

Alberta Player Development League (APDL)

Ontario Player Development League (OPDL)

British Columbia Soccer Premier League (BCSPL)

Première Ligue de Québec Soccer (PLQ Soccer)



PRE-APDL INTAKE

Under-13 Female & Male Teams – Development Program

Objective:

Players receive a full year of training and competition to prepare for the Alberta Player Development League (APDL) under a qualified coach.

Opportunities:

One (1) travel trip to compete against other high-level teams.

Training Schedule:

Indoor Training: 3 sessions per week

1 Strength & Conditioning

2 On-Field Technical/Tactical Sessions

Outdoor Training: 3 on-field sessions per week





SUPPORT PROGRAMS

Strength and Conditioning Program

Location: Alpha Pro / Athletes Compound

Indoor Sessions: October to February

Outdoor Sessions: Strength & conditioning only during preseason (April)

Sport Psychology

Sessions: 3 per year (indoor)

Individual Player Evaluations

Frequency: 3 times per year

Video Analysis / Video Access

System: VEO system

Note: This is a team expense



DEVELOPMENT PROGRAMS

Junior Coach Program

Eligibility: Players ages 12–21 (ongoing program)

Responsibilities: Work with younger players (U5–U11)

Training:

Ages 16 & older: Canada Soccer coach training

Ages 15 & under: Coaching seminar led by BTB staff

Referee Development Program

Objective: Help players understand the game better and gain experience

Opportunities:

Take the referee course (offered in spring)

Referee games to earn money

Registration: Opens in March



Tournaments

APDL Tournament Participation

Number of Tournaments: Up to 2 high-level tournaments per year

Included Tournament: BTB Spring Cup

Locations:

Alberta
Western Canada
Eastern Canada
United States
Europe



FINANCIAL SUPPORT



KidSport supports children who need financial assistance with sport registration fees.

Applications are accepted throughout the year, and grants are administered to sport clubs, at up to \$350 per kid/year.

<https://kidsportcanada.ca/alberta/edmonton/>



SAFE SPORT

BTB Soccer Academy has taken the pledge and is now a proud Champion of the Responsible Coaching Movement (RCM). By making this pledge, BTB commits to maintaining supportive policies and processes that adhere to the RCM to ensure the safety and protection of BTB athletes and coaches and provide coaches with the tools and training necessary to model ethical behaviour.

RCM is a multi-phase, system-wide movement, coordinated by the Coaching Association of Canada and the Canadian Centre for Ethics in Sport, affecting all sports organizations and coaches. The first phase of the RCM focuses on three key areas:

Rule of Two

o A rule of two adults protects minor athletes in potentially vulnerable situations by ensuring more than one adult is present. Vulnerable situations can include closed-door meetings, travel, and training environments.

Background Screening

o The background screening process involves using several different tools to ensure coaches meet the necessary security requirements to coach athletes. These tools include comprehensive job postings, criminal record checks, interviews, and reference checks.

Respect and Ethics Training

o Increasing coaches' ethical conduct and behaviour toward athletes requires coaches be trained to understand what it means to act ethically. The training includes Make Ethical Decisions, from the National Coaching Certification Program, and training in abuse and harassment prevention, such as Respect in Sport.

All staff, board members, coaches, volunteers, players and parents are encouraged to:

- Take the Safe Sport Training course offered through the Coach.ca website, which is free.
- BTB is committed to having all coaches, 16 and older, complete the course making ethical decisions.

Welfare protection

Contact Kris Hawkins for more information about BTB policies and if you need someone to talk with. All complaints are handled respectfully, with sensitivity and consistency. Hawkins works in the Human Rights Department and has the Commit to Kids training.

BTB policies and documents

For more information about BTB's policies and documents visit btbsoccer.com/safesport.

