



EMSA T1 & T2 PROGRAMS
INDOOR 2025-2026



VISION, MISSION, VALUES

VISION

- To develop well-rounded soccer players and amazing human beings.

MISSION

- To provide soccer programming that is safe, fun, and inclusive for every member.

BTB CORE VALUES

- Love: We must have a deep love and passion for each other, the academy, and the game of soccer.
- Order: We must always respect all rules, coaches, teammates, opponents, referees, volunteers, and games. We must always win or lose with class.
- Care: We must always show empathy to one another, lift each other up when we are down, and celebrate the success of others like it's our own. We're a family.
- Best of Ability: We must always try our best in everything we do, from practices, games, schoolwork, and housework. We must fight every day to reach our goals.



PHILOSOPHY: THE BTB WAY

BTB Soccer Academy is a possession-based academy that strives to play a high-tempo, high-intensity game in both the attacking and defending phases.





OBJECTIVE

Continued improvement on individual technical skills.

Increase focus of:

- ☐ the principles of play; and
- ☐ the five moments of the game





COACHING

- ☐ All sessions and games are led by coaches with a Soccer for life or Canada Soccer Association National C Licence or National Youth Licence.
- ☐ Coaches must adhere to the BTB Code of Conduct for coaches.
- ☐ Coaches are continuously encouraged to take courses to improve in all areas of coaching and leadership.





UNDER 13: Birth Year 2013-2014

- ☐ Training: twice weekly—plus, six technical sessions (outdoor)
- ☐ Training Days: TBD
- ☐ Training Time: TBD
- ☐ Training Location: northeast
- ☐ Training Wear: training shirt, short, socks (new player)
- ☐ Season Length: **Outdoor** – April to August, **Indoor** – September to March
- ☐ League Play: EMSA
- ☐ Jerseys: will be provided to each player before the start of the season by the manager, jersey deposit must be provided.
- ☐ Tracksuit & Backpack: mandatory for all players in BTB.
- ☐ Evaluation: each season, players receive a detailed evaluation of their progression.
- ☐ Payment options: \$995, OR \$500 deposit plus three payments of \$165
- ☐ NO VOLUNTEER COMMITMENT





UNDER 15: Birth Year 2011-2012

- ☐ Training: twice weekly—plus, six technical sessions (outdoor)
- ☐ Training Days: TBD
- ☐ Training Time: TBD
- ☐ Training Location: northeast
- ☐ Training Wear: training shirt, short, socks (new player)
- ☐ Season Length: **Outdoor** – April to August, **Indoor** – September to March
- ☐ League Play: EMSA
- ☐ Jerseys: will be provided to each player before the start of the season by the manager, jersey deposit must be provided.
- ☐ Tracksuit & Backpack: mandatory for all players in BTB.
- ☐ Evaluation: each season, players receive a detailed evaluation of their progression.
- ☐ Payment options: \$995, OR \$500 deposit plus three payments of \$165
- ☐ NO VOLUNTEER COMMITMENT





UNDER 17: Birth Year 2009-2010

- ☐ Training: twice weekly—plus, six technical sessions (outdoor)
- ☐ Training Days: TBD
- ☐ Training Time: TBD
- ☐ Training Location: northeast
- ☐ Training Wear: training shirt, short, socks (new player)
- ☐ Season Length: **Outdoor** – April to August, **Indoor** – September to March
- ☐ League Play: EMSA
- ☐ Jerseys: will be provided to each player before the start of the season by the manager, jersey deposit must be provided.
- ☐ Tracksuit & Backpack: mandatory for all players in BTB.
- ☐ Evaluation: each season, players receive a detailed evaluation of their progression.
- ☐ Payment Options: \$995, OR \$500 deposit plus three payments of \$165
- ☐ NO VOLUNTEER COMMITMENT





TEAM TECHNICALS

- ☐ Six sessions per season (u9 – u11 and u12 – u17 EMSA teams)
- ☐ Six goalkeeper training sessions per season.
- ☐ Sessions are led by BTB technical staff.
- ☐ The session topics focus on attacking and defending principles based on the BTB game model.
- ☐ All team coaches are present during sessions because these are also coaching mentorship opportunities.





STRENGTH & CONDITIONING

- ☐ Fitness sessions will be led by certified fitness trainers.
- ☐ Trainers: Athlete's Compound
- ☐ EMSA teams have the option of to book strength and conditioning sessions through Athlete's compound. Please talk to the Technical Director for more information.



GTA ACADEMY

BTB Academy Training program is open to all players who are looking to get extra training. The training will be led by BTB technical coaches.

Academy training

- ☐ Date: October – March 2026
- ☐ Time: 7:15pm – 8:30pm
- ☐ Location: Turf Training Centre (5920 58 Avenue)
- ☐ Ages: 6yrs – 14yrs

The program will focus on the following technical components:

- ☐ Ball mastery
- ☐ Passing & Receiving
- ☐ Shooting
- ☐ Dribbling/ 1v1
- ☐ 2v1/2v2/3v2/3v3 small games

The program will focus on the following tactical components:

- ☐ Awareness of space
- ☐ Body orientation
- ☐ Decision making in tight spaces
- ☐ Overload situations
- ☐ Speed of play & thought



WINTER CAMP

The highly competitive camp challenges players to give maximum effort on and off the ball.

- ☐ Coaches are provincially, nationally and internationally licensed. Junior coaches will be helping the athletes throughout the week.
- ☐ The camp focuses on the four pillars of the game—technical, tactical, physical, and emotional—during the five days focusing on dribbling, passing, shooting and finishing, and defending.
- ☐ Age Categories: 6 – 14 years
- ☐ Winter Camp
 - Date: December 29, 30, 31, January 2nd
 - Training (Dec 29, 30, 31), Tournament Day (January 2nd)
 - Location: Athlete's Hangar (10607 Princess Elizabeth Ave NW)
 - Time: 9am – 3pm
 - Cost: \$395 per person



DEVELOPMENT PROGRAMS

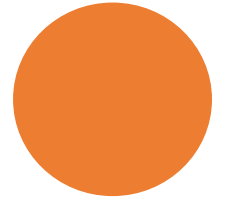
Junior Coach Program

- ❑ BTB runs a coach mentorship program for players ages 12–20.
- ❑ Junior coaches work with the youngest players from U4–U11.
- ❑ Junior coaches, 16 and older, go through coach training from Canada Soccer. Junior coaches, 15 and under, go through a coaching seminar led by BTB staff.

Referee Development Program

- ❑ BTB encourages as many players as possible to take the referee course.
- ❑ The referee course helps players see and understand the game better.
- ❑ Players can referee games to make money.

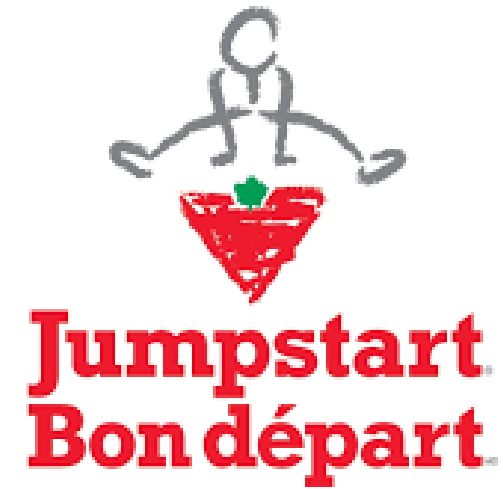
Registration for these programs opens in MARCH.





KidSport supports children who need financial assistance with sport registration fees

Applications are accepted throughout the year and grants are administered to sport clubs, at up to \$350 per kid/year.



Jumpstart supports children who need financial assistance with sport registration fees.

Applications are accepted throughout the year and grants are administered to sport clubs, at up to \$300 per kid/year.

FINANCIAL SUPPORT

If you need financial support, use one or both programs to help pay or reduce the registration fees.



SAFE SPORT

BTB Soccer Academy has taken the pledge and is now a proud Champion of the Responsible Coaching Movement (RCM). By making this pledge, BTB commits to maintaining supportive policies and processes that adhere to the RCM to ensure the safety and protection of BTB athletes and coaches and provide coaches with the tools and training necessary to model ethical behaviour.

RCM is a multi-phase, system-wide movement, coordinated by the Coaching Association of Canada and the Canadian Centre for Ethics in Sport, affecting all sports organizations and coaches. The first phase of the RCM focuses on three key areas:

Rule of Two

o A rule of two adults protects minor athletes in potentially vulnerable situations by ensuring more than one adult is present. Vulnerable situations can include closed-door meetings, travel, and training environments.

Background Screening

o The background screening process involves using several different tools to ensure coaches meet the necessary security requirements to coach athletes. These tools include comprehensive job postings, criminal record checks, interviews, and reference checks.

Respect and Ethics Training

o Increasing coaches' ethical conduct and behaviour toward athletes requires coaches be trained to understand what it means to act ethically. The training includes Make Ethical Decisions, from the National Coaching Certification Program, and training in abuse and harassment prevention, such as Respect in Sport.

All staff, board members, coaches, volunteers, players and parents are encouraged to:

- Take the Safe Sport Training course offered through the Coach.ca website, which is free.
- BTB is committed to having all coaches, 16 and older, complete the course making ethical decisions.

Welfare protection:

Contact Tim McFadyen for more information about BTB policies and if you need someone to talk with.

For more information about BTB's policies and documents visit btbsoccer.com/safesport.